

Run This Way



WEEKLY COME RUN WITH US

Encourage fit for Life and Fit for Work

Join the JSB and client Run Groups bookings via info@jsb.com.au



JSB Running Group

**Mid week
lunchtime runs**

Sunday long runs

Enter events

**Train with other
runners**

**JSB OCCUPATIONAL
HEALTH**
Black rock

www.jsb.com.au

Ring office to book your
time